**What do you want for your life?**

**Current Mindset & Casting a Vision for your Future:**

**Current Mindset**

#1 Describe what your current mindset is for the categories below. Mindset is what you currently believe, think and feel about that category. If you want to know what you believe, look at your current life experience. Because: “Life is a mirror which reflects back what you truly believe and think”. Write your response in space provided below.

**New Mindset**

#2 Ask yourself, “Am I satisfied with my current life experience?” If you feel you want a change, using your imagination, describe what you would like to see instead. What change(s) would you need to make for that to be a reality today. What change(s) would you need to make in what you believe, think and feel. Using your imagination, what would be living life to the fullest now look like? Write your response in space provided below.

Record your answers below. We will discuss this at our next group meeting.

**Money**

Current Mindset

New Mindset

**Health**

Current Mindset

New Mindset

**Work / Job**

Current Mindset

New Mindset

**Friends**

Current Mindset

New Mindset

**Spouse / Significant Other**

Current Mindset

New Mindset

**Kids / Grandkids**

Current Mindset

New Mindset

**Free time**

Current Mindset

New Mindset