

# EMBARK ON A JOURNEY

REWIRE YOUR BRAIN

BUILD NEW HABITS

CREATE A NEW IDENTITY

*A group of people who are looking to find their true identity and by doing so finding God's true identity.*

YOU HAVE THE POWER TO CHOOSE

# THE 100FOLD JOURNEY



THE 100FOLD JOURNEY

# The 10 Truths

**TODAY, RIGHT NOW, IS THE BEST MOMENT OF  
MY LIFE**

**ALL MY NEEDS ARE CONSTANTLY MET**

**I AM ALWAYS IN THE RIGHT PLACE, AT THE  
RIGHT TIME**

**GOD HAS GRANTED ME FAVOR, IN THE SIGHT OF  
THOSE AROUND ME**

**EVERYTHING MY HAND TOUCHES, PROSPERS**

**I HAVE AN ATTITUDE OF GRATITUDE**

**CIRCUMSTANCES DON'T MATTER, ONLY STATE  
OF BEING MATTERS**

**I HAVE UNLIMITED POSSIBILITIES & RESOURCES**

**I WILL BE GOD TO SOMEONE, TODAY**

**LIFE IS A MIRROR, WHICH REFLECTS BACK,  
WHAT I TRULY BELIEVE AND THINK**

Memorization

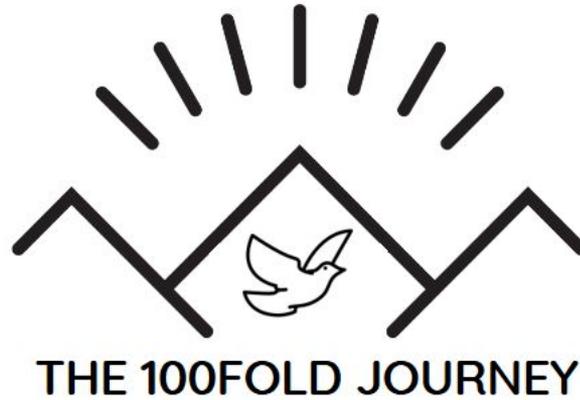
Application

Meditation

Share from  
last week

A glowing red heart is held gently in two hands. The heart has a bright white light at its top point, with rays of light emanating from it. The hands are positioned on either side of the heart, with fingers slightly curled. The background is a dark, deep blue with several out-of-focus circular light spots (bokeh) scattered across it. The overall mood is warm and tender.

*The Heart  
of 100 Fold*



## The Heart of 100 FOLD

Part # 1a,b,c: Identity

My  
True  
Identity



What are  
my  
Roadblocks  
to  
Believing?

# Which View (Identity)

Negative Definitions we have heard and maybe believed.....

Religions View of Me:

Not everyone is saved or free  
That we are sinners and not inherently good  
Seperation - w/other and w/God  
Not now....not yet....only comes by death  
Work based - doing all the right things  
Pressure of tithing - give to God to be blessed

Others View of Me

Forceful on teaching and religion  
I am better than you or you are better than me  
Feel judged  
Never good enough

My View of Me

I am not enough - I need more - Why can't I be better or do better  
I am broken  
A sinner - always have been, always will be

God's View of Me

I need to prove myself as worthy  
Punisher - better behave  
Judge

Notice the order in which we covered these beliefs.....it is not until we resolve God's view of me that true transformation can occur. Agree with God about how He views you.

# How does true transformation (Identity) occur?

God's Love is continually being poured out. I need to be open to receive it

By way of....

God's truth which is continually being poured out and it opens your soul, makes you more aware.

By way of....

Humility opens me to God's love and God's truth which then transforms my soul. I allow God's love and truth to transform me. Allowing the love and truth be the perfect ingredient needed for my transformation.

By way of....

Feeling and releasing all the false beliefs and fears about my definitions of who I am and who God is.....having an openness....being at Rest....allowing space for love to enter in

# We cannot transform ourselves

Automobile - Limited capacity



God's love does the transforming

All I can do is receive it and humility is the Key that unlocks it along with your free will choice.

2 Corinthians 5:17  
Therefore if anyone  
is in Christ they are a  
new creation, the old  
has passed behold  
new has come.



# What does transformation look like?

Transformation is surrendering to the emotion and pain of negative and false beliefs.

I can then feel the pain of the error completely

I can then empty myself to receive the truth of who God says I AM

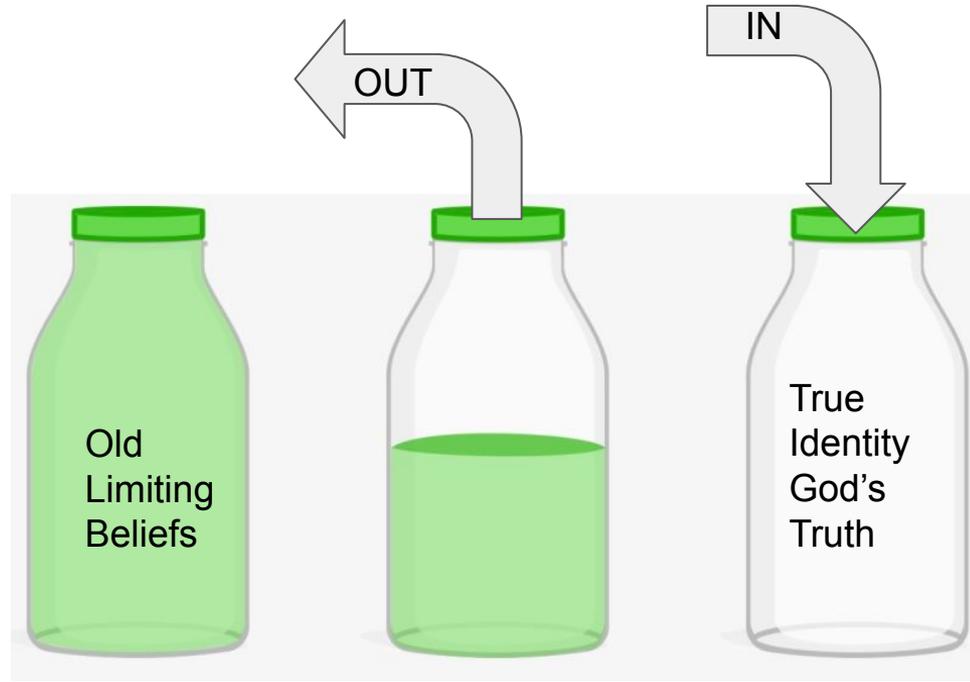


# What is required?

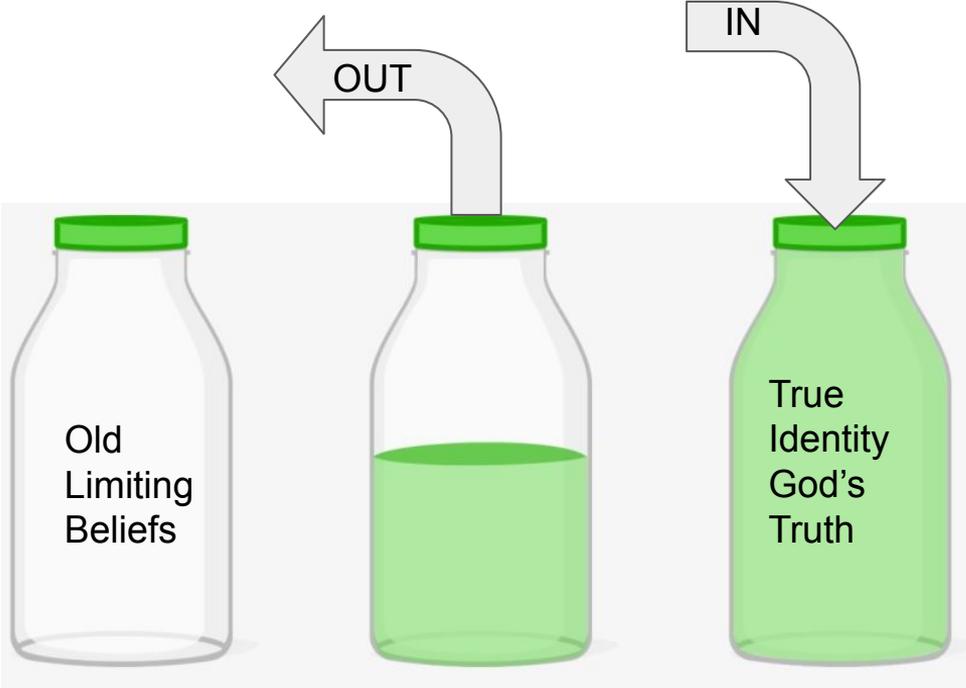
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# What Prevents us from Doing This?



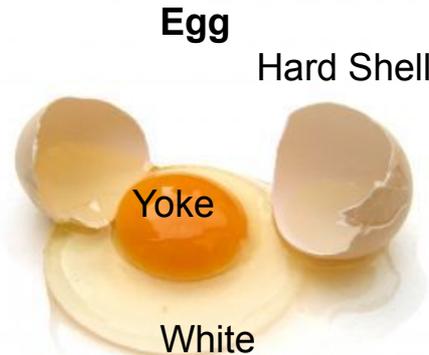
# Our 3 part being....

## Body, Soul, Spirit

### Facade Self, Damaged Self, Real Self

Like an egg, it takes a crack to open up to get on the inside

That crack is God's truth, allowing it to break through and transform who you really are by God's love



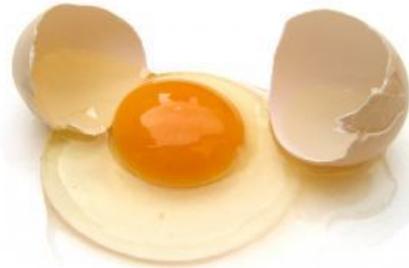
Inside is soft, fluid, malleable, flexible

Outside is hard, rigid, not easily cracked which brings confusion and stops you from getting clarity on how the damage was created. When you crack open the facade and feel the feelings, healing can come

Our 3 part being....  
Body, Soul, Spirit  
Facade Self, Damaged Self, Real Self

What truth or truths “Cracked your Shell”?

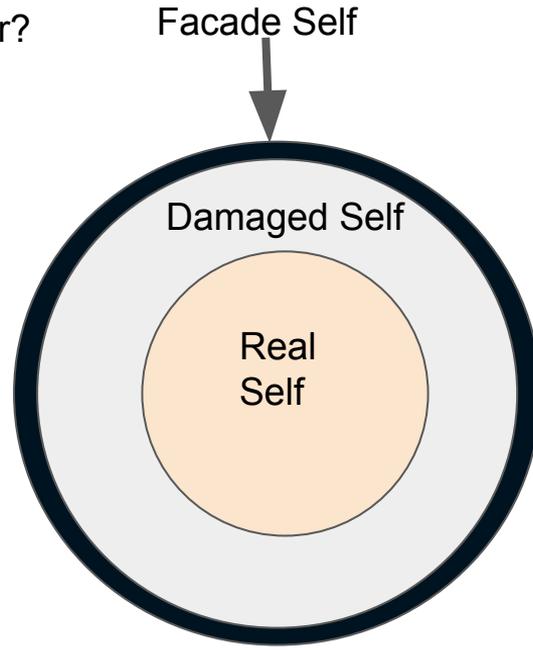
What truth broke through for you which brought transformation?



# Breaking Through

## Facade Self (Masks)

What are the masks we wear?



# Breaking Through

## Facade Self (Masks)

What are the masks we wear?

Fake

Happy

Funny

Rebel

Good

Strong

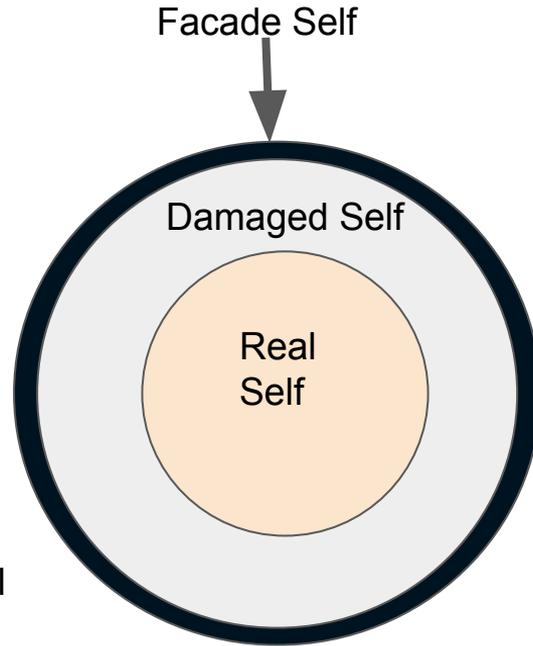
Weak

Self Assured

All Lies

Presenting a false self  
we want others  
to accept me

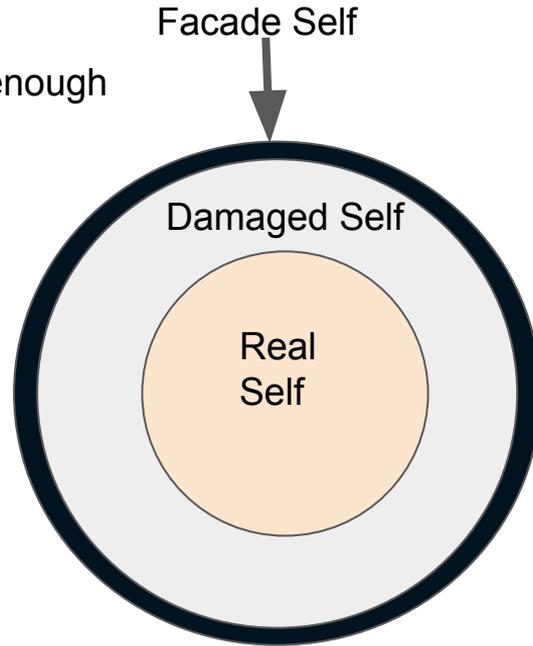
Does the opposite of the real  
self



# Breaking Through

## The Damaged Self

I don't want to get hurt again  
I am never going to be good enough  
I don't have enough faith  
Will I be loved  
What will others think  
Sense of not in control  
I am not normal  
I am in denial



## The Damaged Self

Fear  
Anger  
Hurt  
Pain  
Childhood  
Trama  
Driven by the  
Un-conscience Mind

# Breaking Through

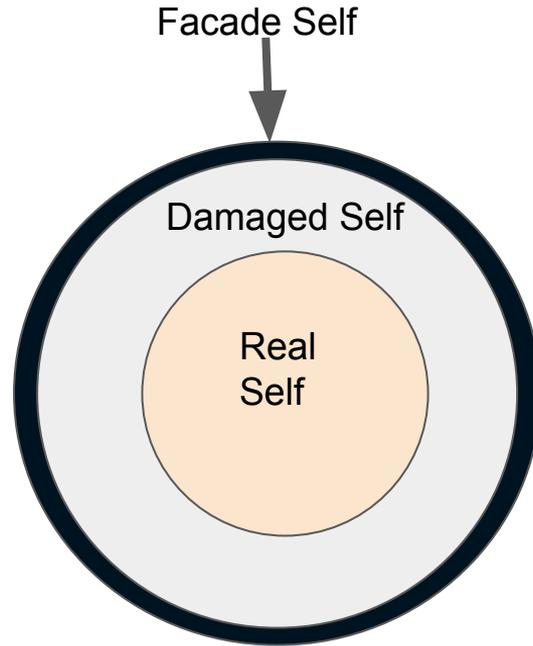
## The Damaged Self

### I need to feel to heal

We don't want to jump to the remedy we want to / need to  
Feel the pain Feel the fear  
in order to heal

Allow it to wash through you  
and empty it out so that  
you can fill it up with  
something greater.

Roadblock: I don't want to  
heal I just want things to be  
different



## The Damaged Self

### Managing Fear

We all have some level of fear  
The question is, do they dominate our  
lives and do we live by them?

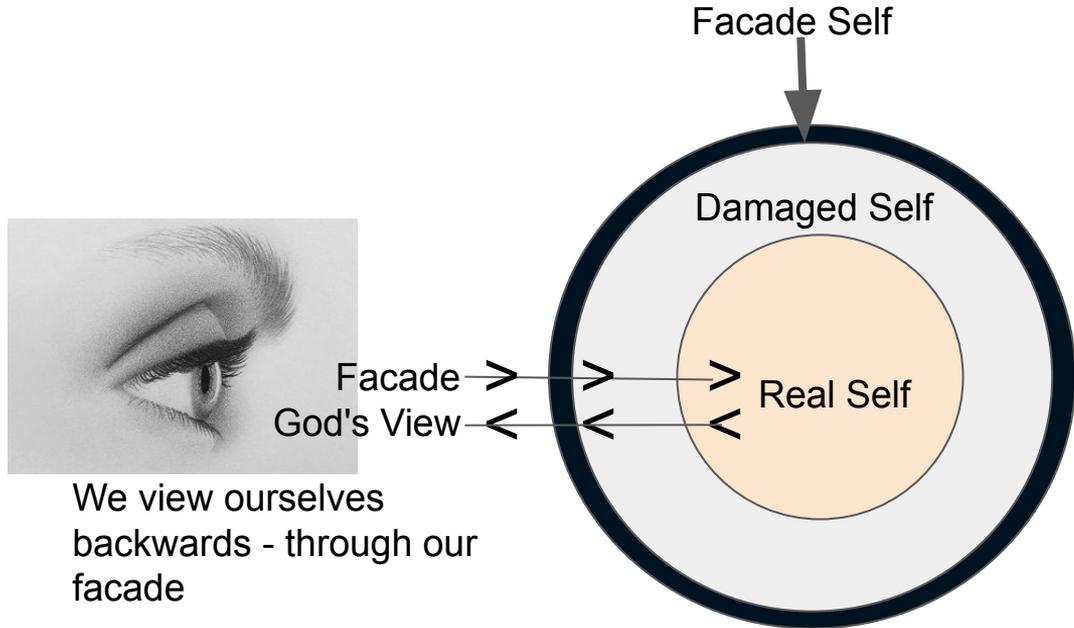
Is your fear the truth or from love?

Do they prevent you from acting?

Do they prevent you from healing?

# Breaking Through by Seeing Through

What drives most of our fear and pain that establishes our facade?



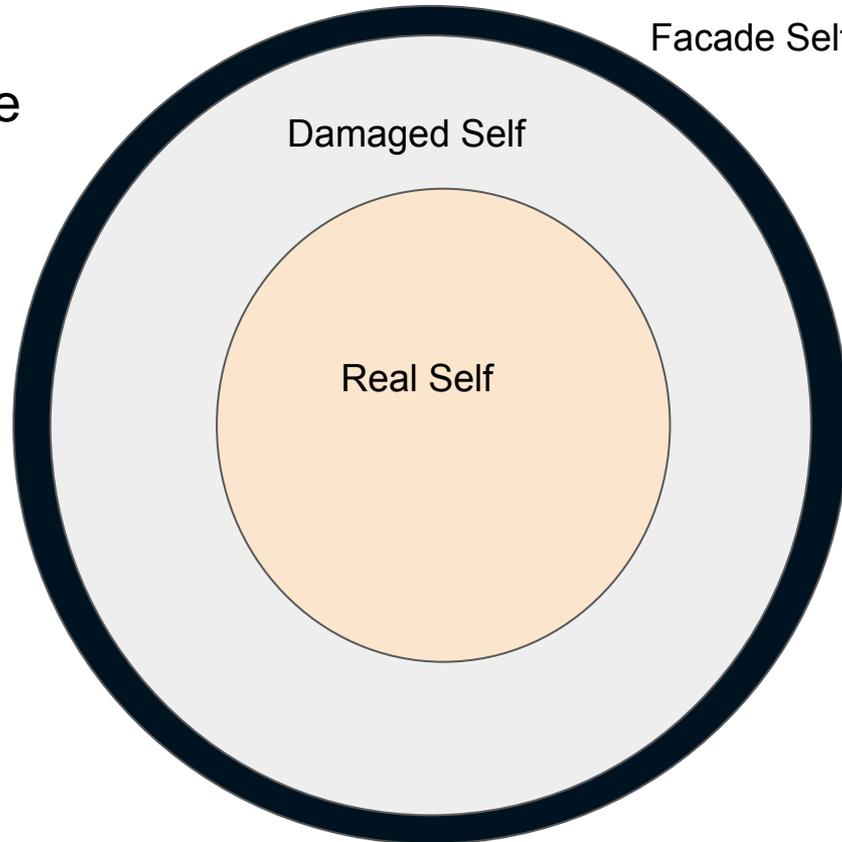
Do the hard work of looking through the facade / the walls I have built up and allow the truth to breakthrough to see who I truly am

Break the Egg

Break lief of the Facade that you have created for yourself

# Let's Talk it through....what do you really believe?

10 Truth:  
All my needs are  
constantly met

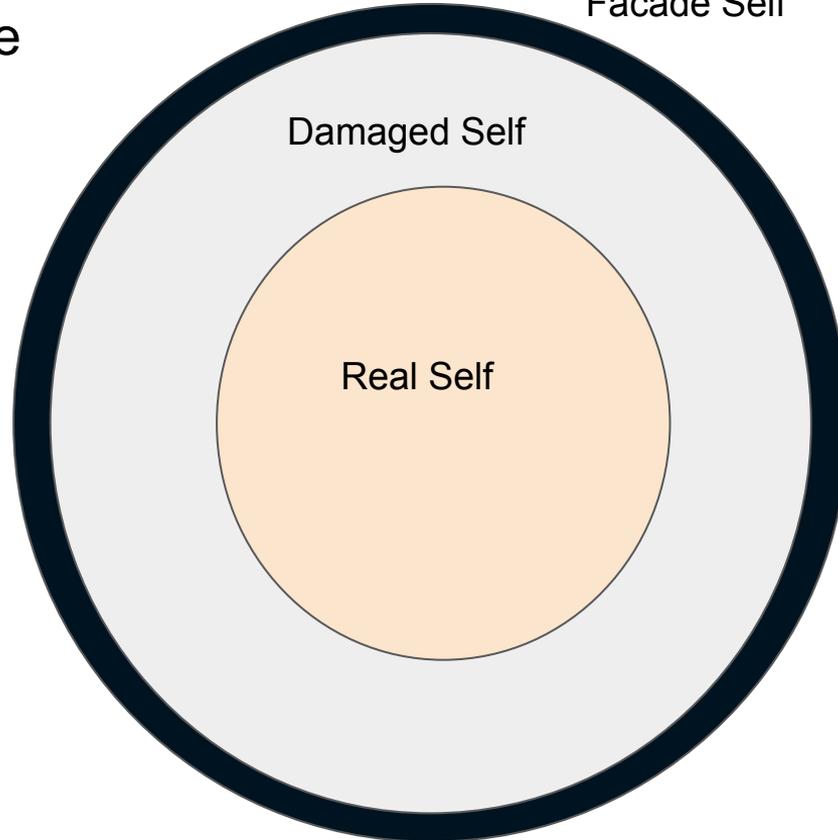


# Let's Talk it through

All my needs are constantly met



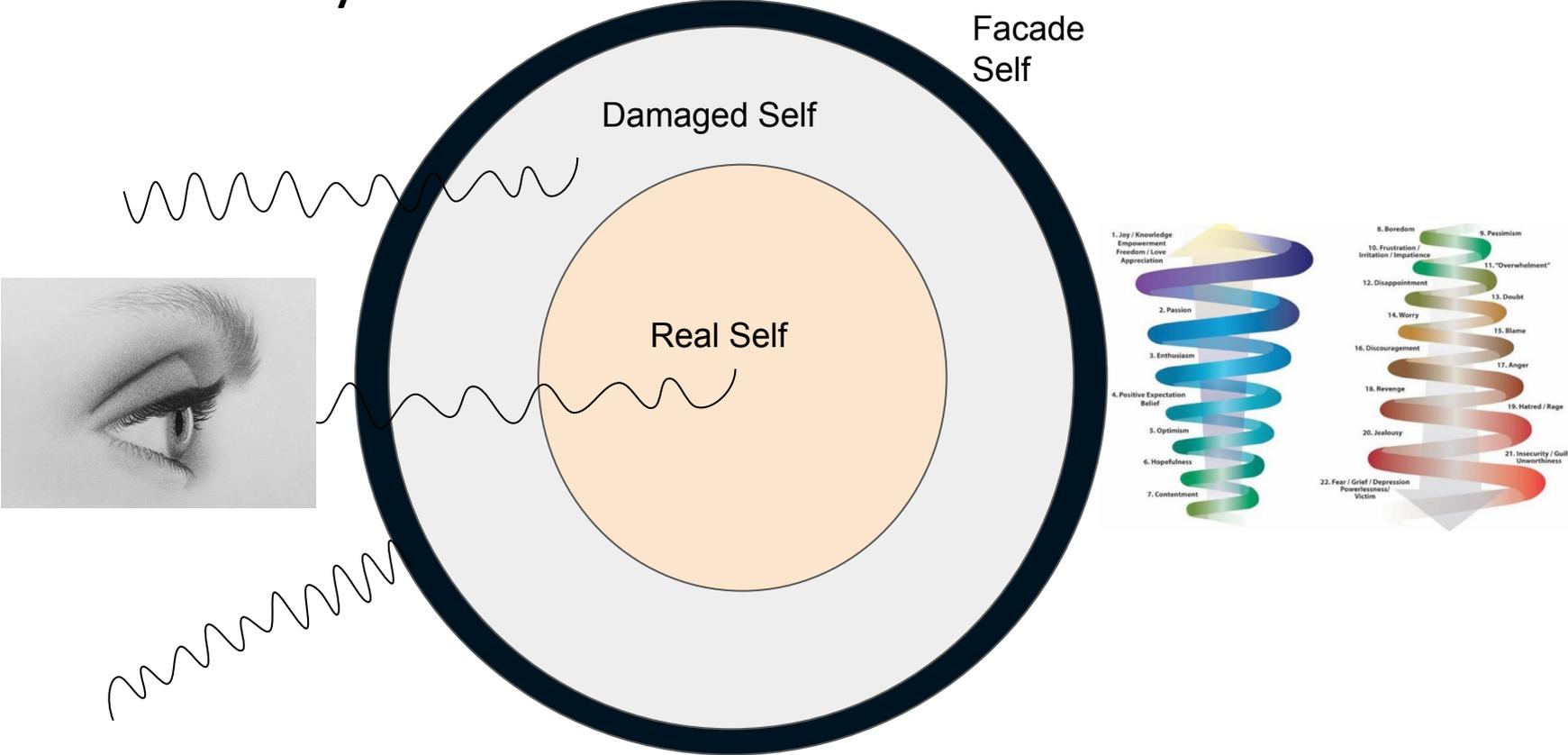
You have the power to choose which program you want to run from and change your behavior.



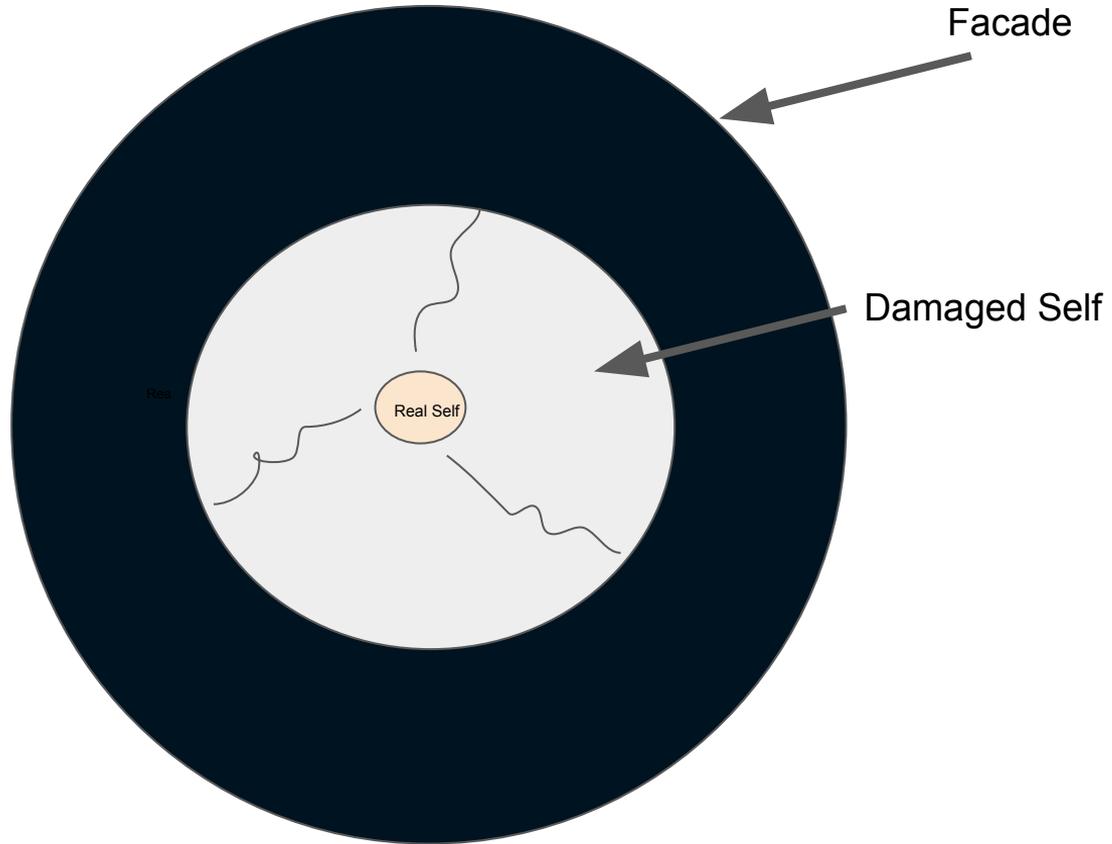
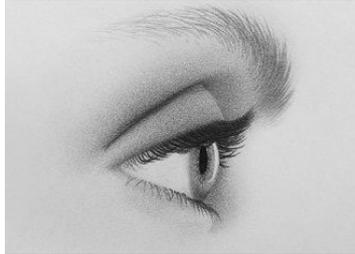
The function of the brain is to manifest the experience of the program - if the program plays "I'm not good enough not deserving" then the function of the brain is to generate behavior to show that I'm not good enough, I don't deserve" and will draw upon the negative beliefs being pulled from the subconscious mind.

Function of the mind creates coherence between your belief and reality - if your belief is not good enough the brain will create the behavior to reflect your belief.

# Life is a Mirror which Reflects what you Truly Believe and Think



# False Identity



# True Identity

~~Facade~~ Act in harmony with love

Healing Damaged Self

Real Self  
True Identity

God

Love

Perfect

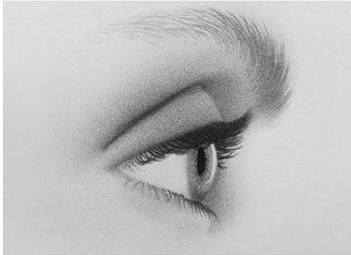
Not Lacking

Complete

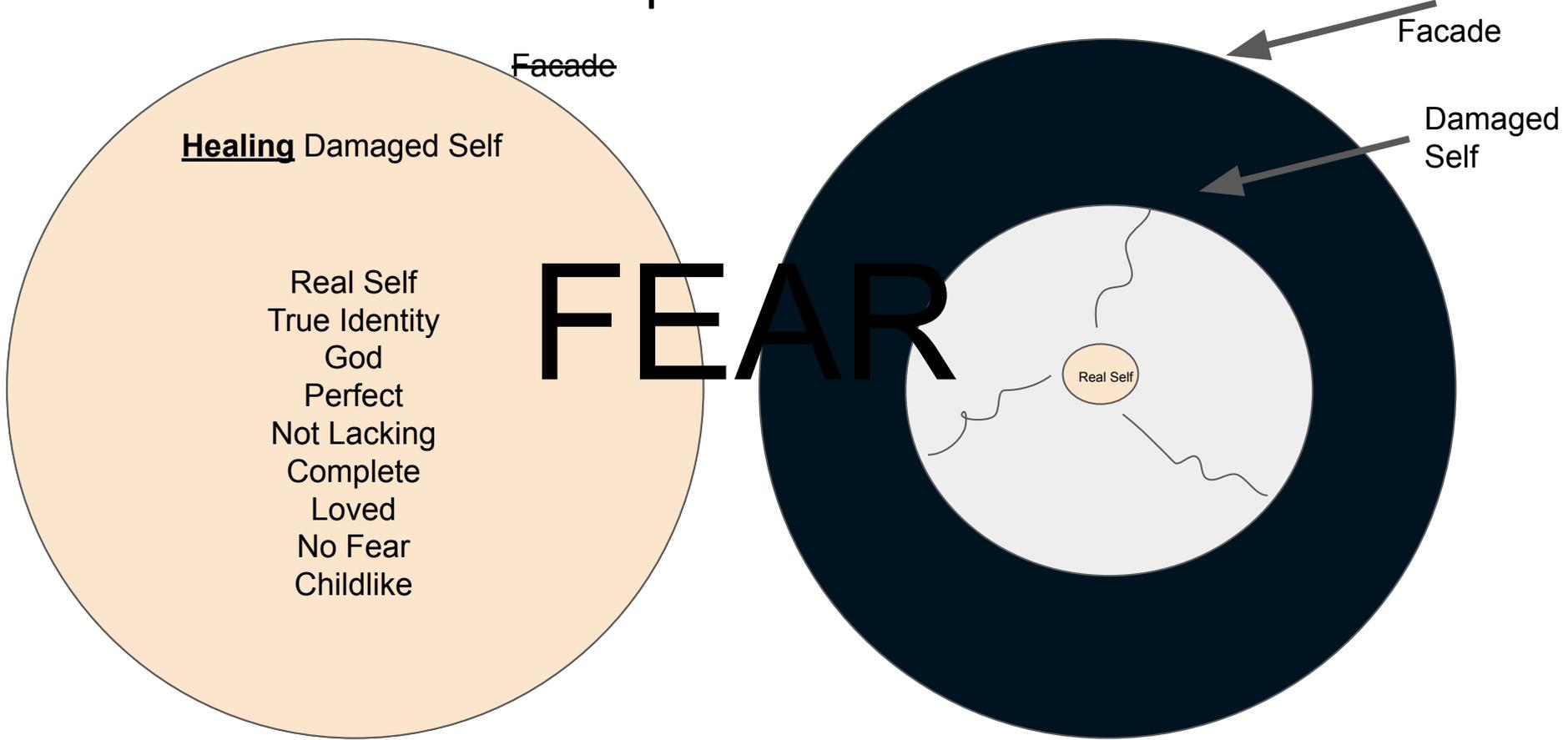
No Fear

Childlike

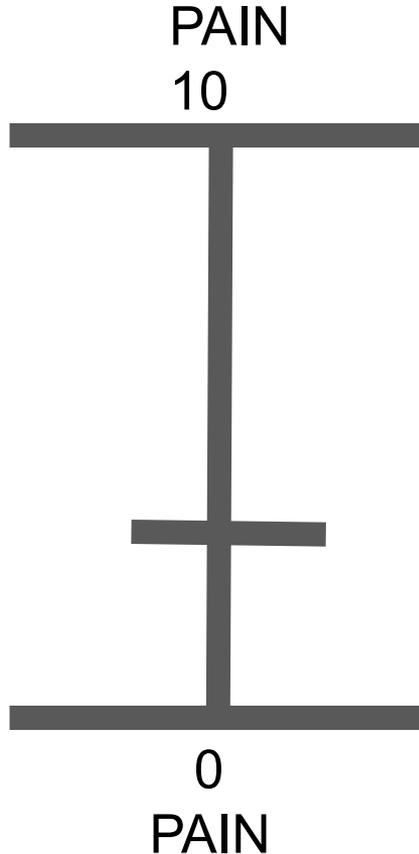
It's always been there



# What Stops the Transformation?



# Pain Levels.....vs.....Fear Levels



When our FEAR is higher than our PAIN we will not do anything about our PAIN

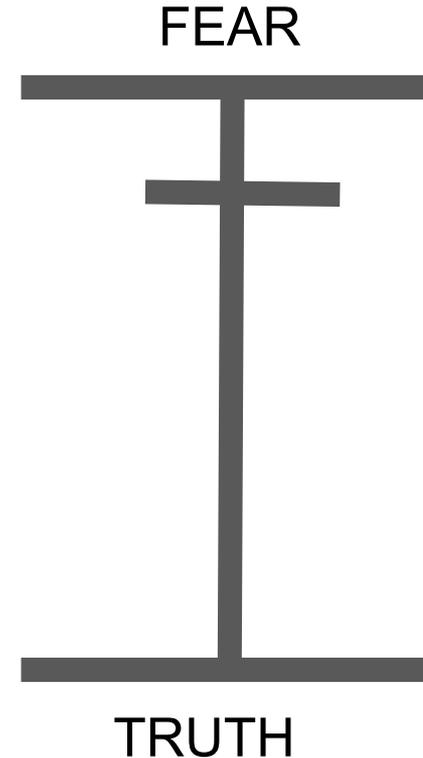
This is when we stop and do not act on the truth heard

We run away

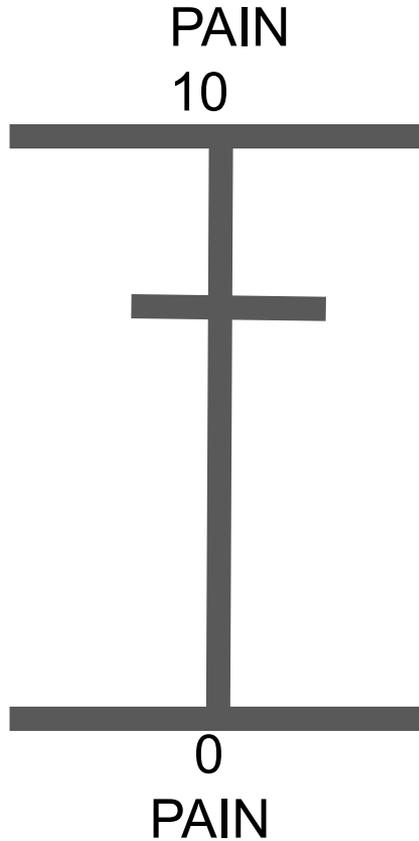
We don't change

Resign ourselves to "That's just who I am"

Keep asking WHY



# Pain Levels.....vs.....Fear Levels



When our FEAR is lower than our PAIN we will allow ourselves to feel the PAIN

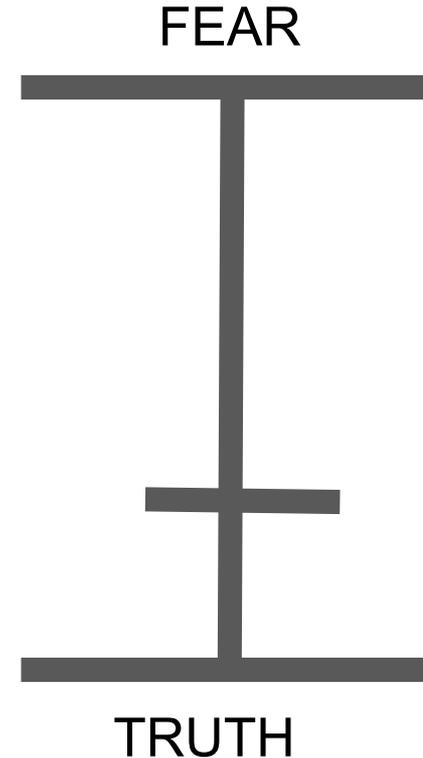
Joy of discovery mode

Free will choice

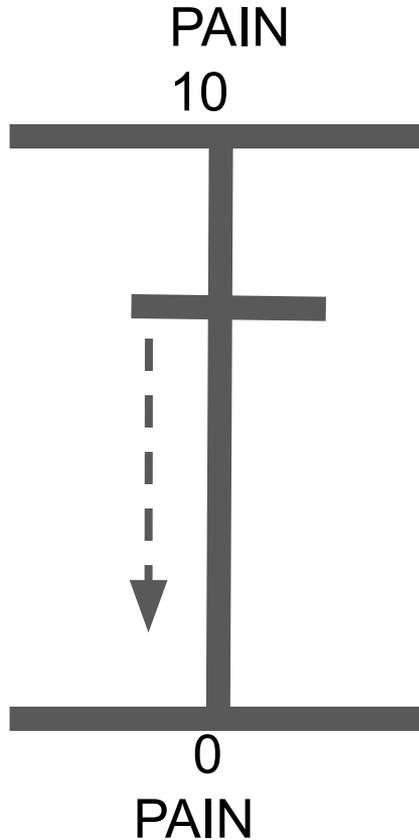
Address our fears

Face our fears

Not allow them to control



# Pain Levels.....vs.....Fear Levels



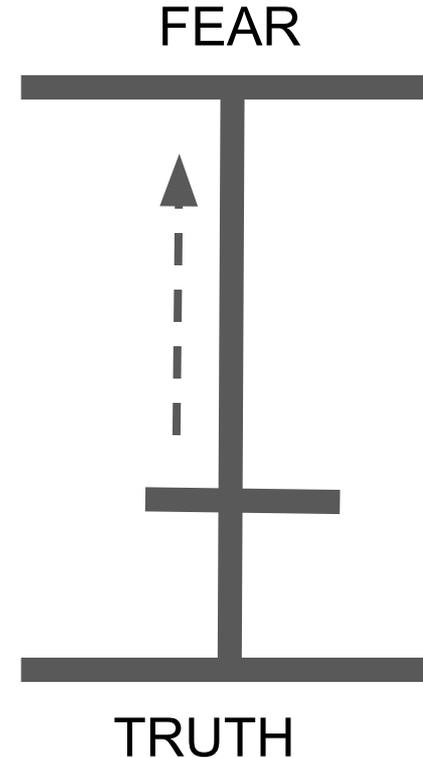
As we continue on the path of transformation and life change new actions creates new reactions in your environment

You start to get attacked for your new choices

Introduces new fears

Approvals / Acceptance

Divine truth gets lost



My  
True  
Identity



Removing  
my  
Roadblocks  
to  
Believing?

Humility  
Willingness  
Allowing  
Time  
Ask Why



21 DAYS OF  
*Identity*

100 Fold    Seen Uncreated Kingdom    Holy of Holies

Spirit

I am choosing to believe what God believes about me  
I am holy, blameless and there is nothing I need to do.  
Perfect love casts out all fear.



Rest Based

60 Fold    Unseen Created Supernatural    Holy Place

Soul

My identity is in Christ. I know he died for  
my sins, but there is work that needs to be done  
confession, binding and loosing here on earth  
then God will bless me and I can break through



Work Based

30 Fold    Seen Created    Natural    Outer Court

Body

I know my identity, I am a dirty rotten sinner  
Jesus died on the cross for my sins and  
I need to confess my sins daily or Gods  
favor will not be with me



Work Based

Ask yourself this question: How Good is God?  
The way you answer is what determines your yield.



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