

EMBARK ON A JOURNEY

REWIRE YOUR BRAIN

BUILD NEW HABITS

CREATE A NEW IDENTITY

*A group of people who are looking to find
their true identity and by doing so
finding God's true identity.*

YOU HAVE THE POWER TO CHOOSE

THE 100FOLD JOURNEY



The 10 Truths

**TODAY, RIGHT NOW, IS THE BEST MOMENT OF
MY LIFE**

ALL MY NEEDS ARE CONSTANTLY MET

**I AM ALWAYS IN THE RIGHT PLACE, AT THE
RIGHT TIME**

**GOD HAS GRANTED ME FAVOR, IN THE SIGHT OF
THOSE AROUND ME**

EVERYTHING MY HAND TOUCHES, PROSPERS

I HAVE AN ATTITUDE OF GRATITUDE

**CIRCUMSTANCES DON'T MATTER, ONLY STATE
OF BEING MATTERS**

I HAVE UNLIMITED POSSIBILITIES & RESOURCES

I WILL BE GOD TO SOMEONE, TODAY

**LIFE IS A MIRROR, WHICH REFLECTS BACK,
WHAT I TRULY BELIEVE AND THINK**

Memorization

Application

Meditation

Share from
last week

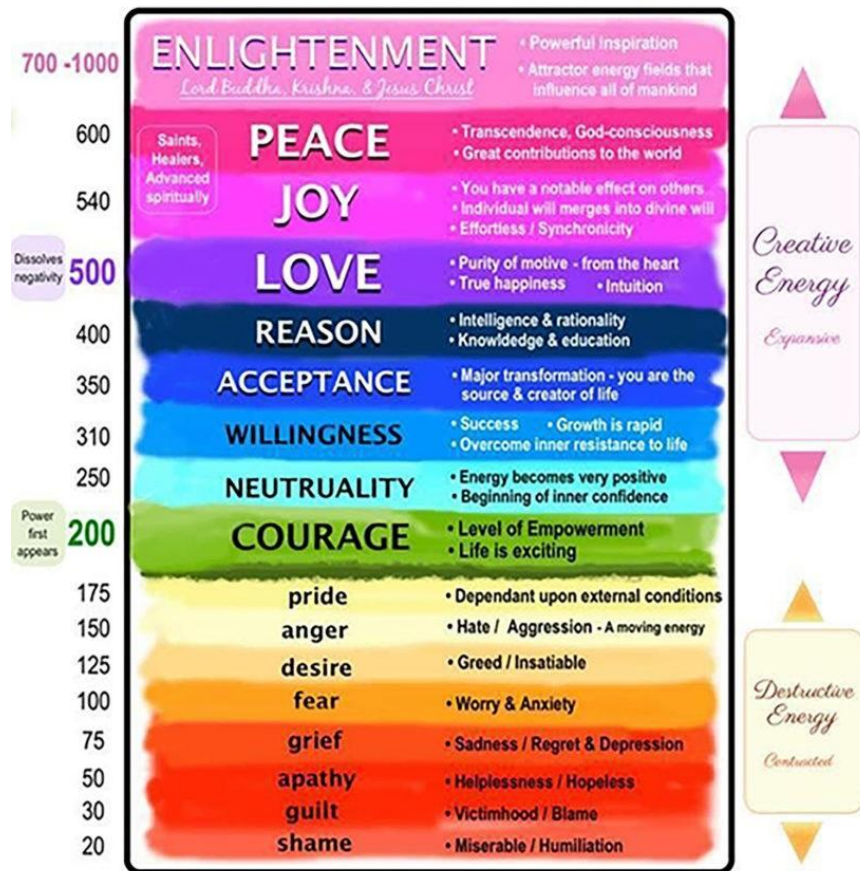


**WE
HAVE
THE
MIND
OF
CHRIST**

I Corinthians 2:16

Map of Consciousness Levels

from David R. Hawkins *Power vs. Force*



NOTE: A person may operate on one level in any given area of life. An individual's overall level of consciousness is the sum total effect of all levels.



Just how powerful is our mind? How God designed us to be co-creators.

God designed this universe with frequency and vibration right down to the Atom with electrons and protons. They respond when observed.

You are the captain of your ship. As you observe your surroundings and your circumstances you get to decide how you react. Your body then responds to your thoughts accordingly.

Your mind is so powerful that you can actually trick your body to respond in certain ways. We saw this with the Placebo effect.

It is time for a software upgrade, time to renew your mind to this understanding that we are not a victim of circumstances but a victor.

Time for a Software Upgrade

Romans 12:1-2 Therefore I urge you, brothers *and sisters*, by the mercies of God, to present your bodies as a living and holy sacrifice, acceptable to God, *which is your spiritual service of worship*. And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.

I am to: Present / Offer my will to God

I am to: Renew my mind which will transform me to live from the unseen - not the seen of this world - Heaven on Earth - that's you!!

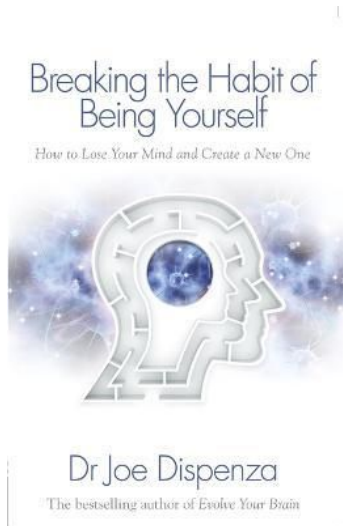
I will then be able to: See God's will which is everything good, everything well everything pleasing and complete perfection



"I DO THIS DAILY"

Just how powerful is our mind? How God designed us to be co-creators.

Same thoughts every day - lead to the same choices - lead to the same behaviors - lead to same exact experiences - lead to the same feeling and emotions - lead to the same thoughts in our biology and neurocircuitry in our brains - lead to our chemistry and hormones and gene expression - lead to.....



How we Think - Act - Feel

Leads to our personality
Leads to your personal reality

If you want to create a new life you need to

Change your Personality

Change how you Think - Act - Feel

Just how powerful is our mind? How God designed us to be co-creators.

Change causes discomfort

Fear - Uncertainty - Lack of predictability - Unknown

People would rather live in guilt or fear because it is the familiar and is predictable

Each Blind
is a negative
thought that
blinds us to
our potential
future



Just how powerful is our mind? How God designed us to be co-creators.

But how do I break free? How do I create a new me? A new future?

Rewire your brain.....



Applying - Tools for Transformation



Attitude of Gratitude

Starting today for the next 63 days you will do the daily practice of Gratitude (3x 21)
Today - Oct 3rd is Day 1

Each day you will write down 10 blessings. 10 things that you are grateful for.

Each day there will be an activity or a practice that you will do through the day.

At the end of each day, before you go to bed, you will scan your day and find that 1 thing you are most grateful for.



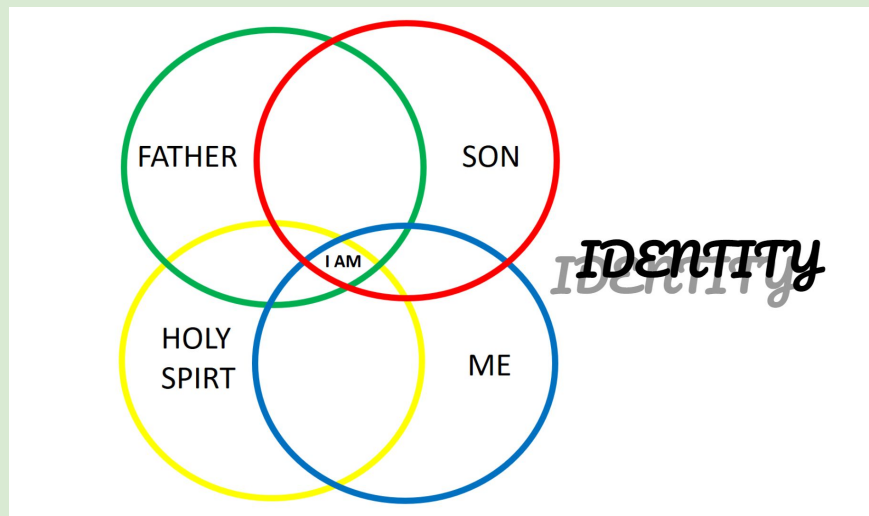
Divinity is your Identity

Starting Dec 5th you will do the daily practice of Identity for 63 days (3x 21)

Each day you will write down 10 blessings. 10 things that you are grateful for.

Each day there will be an activity or a practice that you will do through the day.

At the end of each day, before you go to bed, you will scan your day and find that 1 thing you are most grateful for.



A Lifetime of Meditation

60 Days Free
Good till
10/17/22

Starting tomorrow, you will start the practice of Meditation

This will be your quiet time, a time of prayer, a time of silence

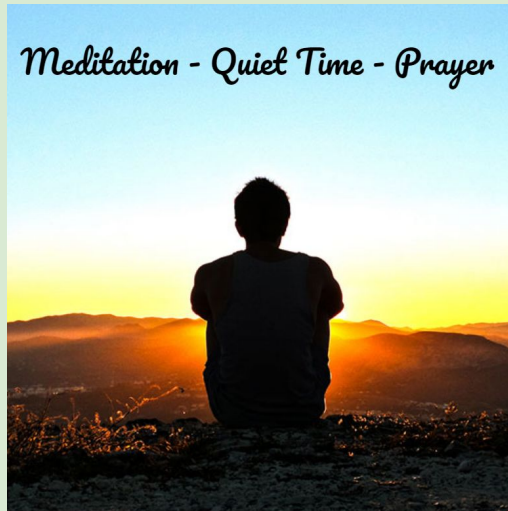
This will be your time to purposefully tap into the Mind of Christ

3-5 minutes of sitting quietly with your eyes closed, observing your breath



https://www.headspace.com/code?code=YESTHEORY3&%24web_only=true&branch_match_id=1053439108461502417&branch_referrer=H4sIAAAAAAAAAA8soKSkottLXz0hNTCkuSExO1S1PTdJLLCjQy8nMy9ZP1Y9MLQ7JSM0vqgQAUIWqLSoAAAA%3D

Meditation - Quiet Time - Prayer



Imagination / Visualization

We will introduce how to create a vision board

We will introduce how to create your Life Purpose Statement



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Memorization

Application

Meditation

Write down your experiences

Share each week

Raise your Knowing

Co-Creat



Tools for your Transformation: Summary

21 Days of Gratitude & Identity

Count your blessing 10 every day

YouTube Video for each Day

Online Book OR .PDF

Meditate Daily - 3-5 mins

Sit quietly and breath in and out. Quiet your mind enough so you can listen

Memorize The 10 Truths

Share each week what you observed by writing them down / experience them
raise your knowing

Create a Vision Board

Financial, Business, Fun Time, Health, Relationships, Personal, Legacy

Create your Life Purpose Statement

What is the underlying current of your life that drives you



What do you want for your life?

Current Mindset & Casting a Vision for your Future:

#1 Describe what your current mindset is for the categories below. Mindset is what you currently believe, think and feel about that category. If you want to know what you believe, look at your current life experience. Because: “Life is a mirror which reflects back what you truly believe and think”.

#2 Ask yourself, “Am I satisfied with my current life experience?” If you feel you want a change, using your imagination, describe what you would like to see instead. What change(s) would you need to make for that to be a reality today. What change(s) would you need to make in what you believe, think and feel. Using your imagination, what would living life to the fullest now look like?

Record your answers below. We will discuss this at our next group meeting.



What do you want for your life?

Am I satisfied with my current life experience?

What if true transformation is possible? Do you want to find out how to get there?

Money

Health

Work / Job

Friends

Spouse

Kids / Grandkids

Freetime



Being a Co-Creator - we get to chose the WHAT - God chooses the HOW & WHEN

Record your answers below. We will discuss this at our next group meeting.

Money

Current Mindset

New Mindset

Health

Current Mindset

New Mindset

Work / Job

Current Mindset

New Mindset

Friends

Current Mindset

New Mindset

Spouse

Current Mindset

New Mindset

Kids / Grandkids

Current Mindset

New Mindset

Freetime

Current Mindset

New Mindset

Link to Mindset Worksheet
<https://www.the100foldjourney.com/>



100 Fold Seen Uncreated Kingdom Holy of Holies

My future is in being who I already am now in the present. I have everything I need now. The mind of Christ is me.

Spirit



Rest Based

60 Fold Unseen Created Supernatural Holy Place

My future is in my hands and God's hands. I need to pray, fast and do all the right things so that I don't miss His will. There are bad things that happen that I need to bind and loose because they are of Satan

Soul



Work Based

30 Fold Seen Created Natural Outer Court

My future is in God's hands, it is His will for my life that is most important. If God's will is for me to suffer or get sick it is because I deserve it and He is teaching me a lesson

Body



Work Based

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Ask yourself this question: How Good is God?
The way you answer is what determines your yield.



Click on picture to find out more on our Website



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