

# EMBARK ON A JOURNEY

REWIRE YOUR BRAIN

BUILD NEW HABITS

CREATE A NEW IDENTITY

*The 100 fold is about a group of people on a journey to find their True Identity and Purpose in Life.*

YOU HAVE THE POWER TO CHOOSE

# THE 100FOLD JOURNEY



# The 10 Truths

**TODAY, RIGHT NOW, IS THE BEST MOMENT OF  
MY LIFE**

**ALL MY NEEDS ARE CONSTANTLY MET**

**I AM ALWAYS IN THE RIGHT PLACE, AT THE  
RIGHT TIME**

**GOD HAS GRANTED ME FAVOR, IN THE SIGHT OF  
THOSE AROUND ME**

**EVERYTHING MY HAND TOUCHES, PROSPERS**

**I HAVE AN ATTITUDE OF GRATITUDE**

**CIRCUMSTANCES DON'T MATTER, ONLY STATE  
OF BEING MATTERS**

**I HAVE UNLIMITED POSSIBILITIES & RESOURCES**

**I WILL BE GOD TO SOMEONE, TODAY**

**LIFE IS A MIRROR, WHICH REFLECTS BACK,  
WHAT I TRULY BELIEVE AND THINK**

Memorization

Application

Meditation

Share from  
last week



# We are a Triune Being

I am a Spirit

Before the foundation of the World  
We are One Spirit with the Lord  
We are Seated in Heavenly Places  
Governs the Soul

I am a Soul

God breathed His breath of life and we became a living soul  
Our Will (chooser) resides here  
Our Emotions reside here  
Our Actions reside here  
Governs the Body

I have a Body

God made from the dust of the ground  
God's dwelling place  
5 physical senses  
External Input

# Where does unrest come from?

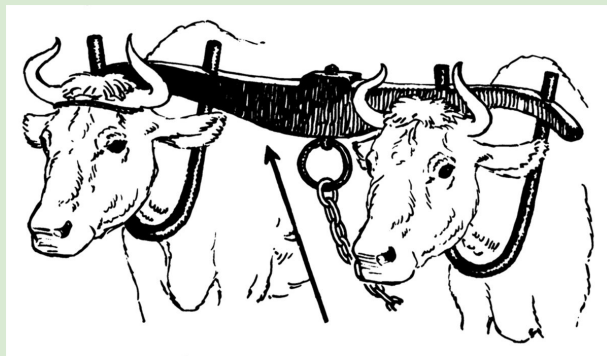
Mark 4 18 Now these are the ones sown among thorns; *they are* the ones who hear the word, 19 and the cares of this world, the deceitfulness of riches, and the desires for other things entering in choke the word, and it becomes unfruitful. 20 But these are the ones sown on good ground, those who hear the word, [e]accept it, and bear fruit: some thirtyfold, some sixty, and some a hundred.”



# God's Desire - Rest

Matthew 11:28-30 **28** Come to Me, all *you* who labor and are heavy laden, and **I will give you rest.** **29** Take My yoke upon you and learn from Me, for I am **gentle and lowly in heart,** and you will find **rest for your souls.** **30** For **My yoke is easy and My burden is light.**”

3 John 1:2 “Brethren, I pray that you would prosper and be in good health as **your soul prospers.**”



Spirit (power source)



Soul (the connector)



Body (the manifestation)



Describe what you see?

# Your Identity

**Describe  
what you  
see.**

**What is the  
spiritual  
message?**





# Your Identity

**Describe  
what you  
see.**



**What is the  
spiritual  
message?**



# Your Identity

This is Jesus  
in Christ  
(our example)

This is you in  
Christ

You are ONE



Perfect union  
Spirit  
Soul  
Body

God in man and  
now is a light to  
the world

A life giving spirit

This is who you  
are

# Upcoming:

How to stay connected with source

Understand how the Soul Operates

Designed to Rule & Reign

Designed to be Governed

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