

EMBARK ON A JOURNEY

REWIRE YOUR BRAIN

BUILD NEW HABITS

CREATE A NEW IDENTITY

*A group of people who are looking to find
their true identity and by doing so
finding God's true identity.*

YOU HAVE THE POWER TO CHOOSE

THE 100FOLD JOURNEY





**WE
HAVE
THE
MIND
OF
CHRIST**

I Corinthians 2:16

The 10 Truths

**TODAY, RIGHT NOW, IS THE BEST MOMENT OF
MY LIFE**

ALL MY NEEDS ARE CONSTANTLY MET

**I AM ALWAYS IN THE RIGHT PLACE, AT THE
RIGHT TIME**

**GOD HAS GRANTED ME FAVOR, IN THE SIGHT OF
THOSE AROUND ME**

EVERYTHING MY HAND TOUCHES, PROSPERS

I HAVE AN ATTITUDE OF GRATITUDE

**CIRCUMSTANCES DON'T MATTER, ONLY STATE
OF BEING MATTERS**

I HAVE UNLIMITED POSSIBILITIES & RESOURCES

I WILL BE GOD TO SOMEONE, TODAY

**LIFE IS A MIRROR, WHICH REFLECTS BACK,
WHAT I TRULY BELIEVE AND THINK**

Memorization

Application

Meditation

Share from
last week

Transformation Toolkit:



What do you want for your life?

Am I satisfied with my current life experience?

What if true transformation is possible? Do you want to find out how to get there?

Money

Health

Work / Job

Friends

Spouse

Kids / Grandkids

Freetime

How I got here....

July 30, 1970 7 yrs

Summer 1977 14 yrs

Oct 2nd 1980 (42 years ago)

Aug 20, 1983 20 yrs old

Black Friday - 2008, Aug 2009, Oct 2010, Oct 2011

2011 Started Daily Success Log

2011 Deal with God

2011 Joseph Prince

2013 Turned 50 yrs

2013 Read & Applied - The Secret & The Magic 28 days of Gratitude 15 times

2013 Watched topics Science Proving God (Joe Dispenza, Bruce Lipton, Caroline Leaf)

2015 Created Vision Board & Life Statement

To use my gift of teaching to inspire others to live a life full of Love, Joy and Appreciation

2015 Created Mind Body Spirit

2015 Started Meditating

2016 Started The Beginning Classes

2017 Started on-line classes Global Grace Seminary

2018 Created The 10 Truths

2019 Started Quantum Life Steve McVey

2019 January - 40 days of Prayer

2019 Wrote 21 Days of Gratitude

2019 Wrote 21 Days of Identity

2020 Mom & Dad

2020 Started 10-10-20 the100foldjourney

2021 01-10-21 Started YouTube Teaching

Tools for my Transformation:

Open & Willing to learn new concepts and change when resonated

Willing to do the hard work & invest in myself - Time & Money

Self motivated

Gratitude

Identity

Meditation

Deliberately turned off negativity

Created a Vision Board

Created a Life Purpose Statement

Created The 10 Truths

Working out / Diet

Accountability

How we got here....

- The Seed and the Sower
- Freedom from Religious Bondage
- 7 I AM Statements of Jesus
- I AM the Dwelling place of God
- I AM Living from the Unseen
- The Heart of 100 Fold

All of these teachings can be found on

www.the100foldjourney.com



**WE
HAVE
THE
MIND
OF
CHRIST**

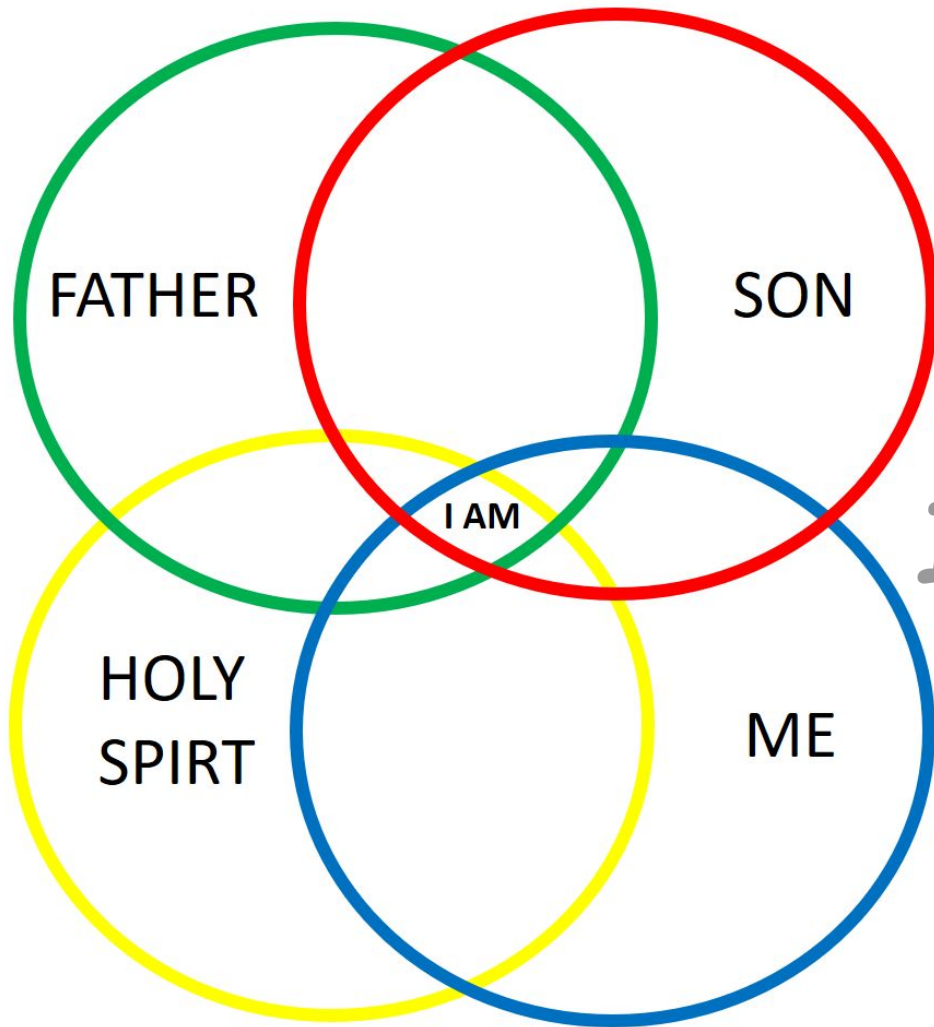
I Corinthians 2:16

5 Tools for Transformation Put on The Mind of Christ

Each week we will be covering at least 1 of these topics coming at it from various vantage points

A silhouette of a person stands on a beach at sunset, with their arms outstretched and head tilted back. The sun is low on the horizon, creating a warm, golden glow. The word "Gratitude" is written in a large, black, cursive font to the right of the person.

Gratitude



IDENTITY
Identity

Meditation - Quiet Time - Prayer





Imagination



Co-Creator



Applying - Tools for Transformation



Attitude of Gratitude

Tool#1 - 21 Days of Gratitude

Each day you will write down 10 blessings. 10 things that you are grateful for.

Each day there will be an activity or a practice that you will do through the day.

At the end of each day, before you go to bed, you will scan your day and find that 1 thing you are most grateful for.



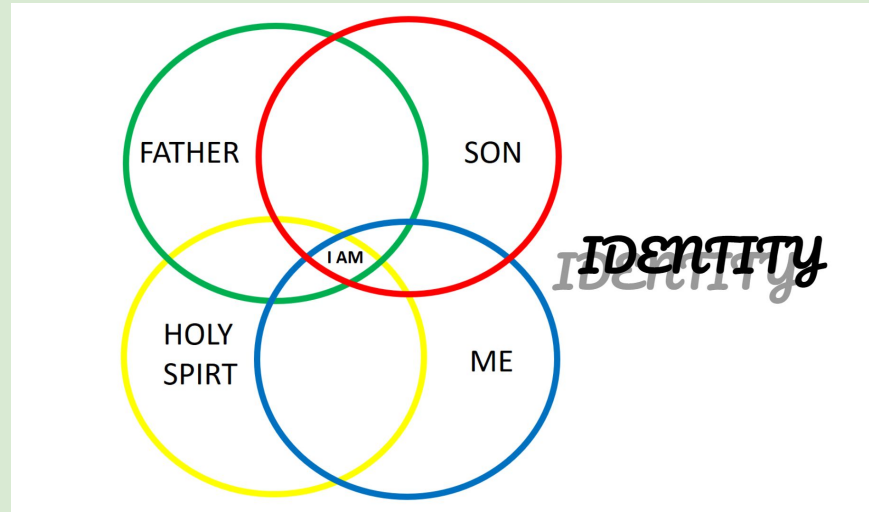
Divinity is your Identity

Tool#2 - 21 Days of Identity

Each day you will write down 10 blessings. 10 things that you are grateful for.

Each day there will be an activity or a practice that you will do through the day.

At the end of each day, before you go to bed, you will scan your day and find that 1 thing you are most grateful for.



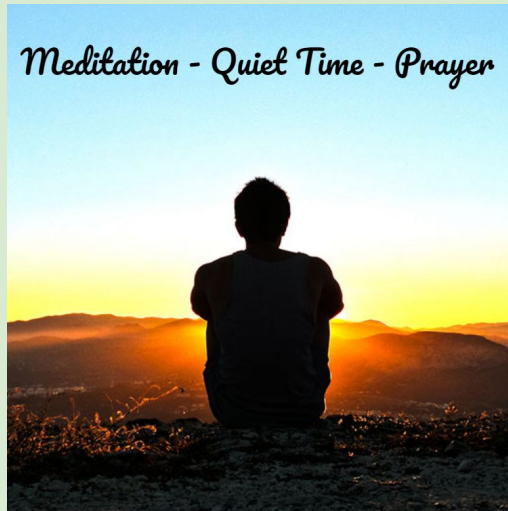
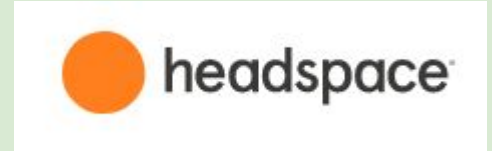
A Lifetime of Meditation

Tool#3 - Start the practice of Meditation

This will be your quiet time, a time of prayer, a time of silence

This will be your time to purposefully tap into the Mind of Christ

3-5 minutes of sitting quietly with your eyes closed, observing your breath



Imagination / Visualization

Tool#4 - Create a vision board & Create your Life Purpose Statement



Tool#5
Memorization

Application

Meditation

The 10 Truths

TODAY, RIGHT NOW, IS THE BEST MOMENT OF
MY LIFE

ALL MY NEEDS ARE CONSTANTLY MET

I AM ALWAYS IN THE RIGHT PLACE, AT THE
RIGHT TIME

GOD HAS GRANTED ME FAVOR, IN THE SIGHT OF
THOSE AROUND ME

EVERYTHING MY HAND TOUCHES, PROSPERS

I HAVE AN ATTITUDE OF GRATITUDE

CIRCUMSTANCES DON'T MATTER, ONLY STATE
OF BEING MATTERS

I HAVE UNLIMITED POSSIBILITIES & RESOURCES

I WILL BE GOD TO SOMEONE, TODAY

LIFE IS A MIRROR, WHICH REFLECTS BACK,
WHAT I TRULY BELIEVE AND THINK

Write down
your
experiences

Share each
week

Raise your
Knowing

Co-Creator



Tools for your Transformation: Summary

1. 21 Days of Gratitude & Identity
 - Count your blessing 10 every day
 - YouTube Video for each Day
 - Online Book OR .PDF
2. Meditate Daily - 3-5 mins
 - Sit quietly and breath in and out. Quiet your mind enough so you can listen
3. Memorize The 10 Truths
 - Share each week what you observed by writing them down / experience them
 - raise your knowing
4. Create a Vision Board
 - Financial, Business, Fun Time, Health, Relationships, Personal, Legacy
5. Create your Life Purpose Statement
 - What is the underlying current of your life that drives you



What do you want for your life?

Current Mindset & Casting a Vision for your Future:

#1 Describe what your current mindset is for the categories below. Mindset is what you currently believe, think and feel about that category. If you want to know what you believe, look at your current life experience. Because: “Life is a mirror which reflects back what you truly believe and think”.

#2 Ask yourself, “Am I satisfied with my current life experience?” If you feel you want a change, using your imagination, describe what you would like to see instead. What change(s) would you need to make for that to be a reality today. What change(s) would you need to make in what you believe, think and feel. Using your imagination, what would living life to the fullest now look like?

Record your answers below. We will discuss this at our next group meeting.



What do you want for your life?

Am I satisfied with my current life experience?

What if true transformation is possible? Do you want to find out how to get there?

Money

Health

Work / Job

Friends

Spouse

Kids / Grandkids

Freetime



Being a Co-Creator - we get to chose the WHAT - God chooses the HOW & WHEN